

Goal Setting

We all have things we want in life. The route to success is to take the things that we dream about and wish for, and turn them into reality. This training will lead participants through thinking, planning, and taking action on the things they really want. They will learn ways to ensure that they get where they want to go in life.

What Will Students Learn?

- ✓ Identify what's important to you in your life
- ✓ Use goal setting activities and appropriate language to articulate what you want in your life
- ✓ Explain what your dreams and goals are for both the short and long term
- ✓ Use motivating techniques to help you reach your goals
- ✓ Understand how to deal with setbacks

What Topics are Covered?

- ✓ Self-understanding
- ✓ Laying the foundation
- ✓ What's in your bucket?
- ✓ Getting down to business
- ✓ Getting started today
- ✓ Dealing with setbacks

What's Included?

- ✓ Instruction by an expert facilitator
- ✓ Small, interactive classes
- ✓ Specialized manual and course materials
- ✓ certificate of completion

Pre-Registration Information

Yes! I would like to attend **Goal Setting!** Sign me up for the following session:

- 310 Oak Avenue, NBS Building 3rd floor Randburg.
- Accreditation : SETA : 12255
Bank seta : Bank-Corne180502
- All Training are from 9:00 a.m. until 3:30 p.m.
- Cost: Per person. Kindly contact the call centre
- Timeframe : 1 day



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Banking Details

Account Name : Cornerstone Supreme
Account Number : 62653109283
Bank : FNB
Branch Code : 620