# **Getting Stuff Done**

Why are there so many different organizational systems and time management methods out there? The answer is simple: it's like any other personal challenge, like weight loss or money management. There is no simple, one size fits all answer. You must build a solution that works for you. Over the course, we will explore various time management and organizational tools and techniques so that you can build a customized productivity plan for your personal and professional lives. At the end of the course, you will emerge with a plan that works for you, so that you can start regaining control of your life!

#### What Will Students Learn?

- ✓ Identify what personal efficiency is, what skill sets can improve personal productivity, and what attitudes we should cultivate
- Explain why multi-tasking is a myth
- ✓ Describe what role long-term goals play in short-term efficiency
- ✓ Share a personal vision and develop dreams and goals from it
- ✓ Apply the 80/20 rule and learn how it should affect planning
- ✓ Identify the characteristics of a good organizational system
- Develop a plan for an efficient workspace, including a customized information center and a filing system
- ✓ Apply a system that will allow them to process any type of information that crosses their desk
- ✓ Use the Eisenhower principle to prioritize work and routines to simplify lives
- ✓ Understand why they procrastinate and develop methods for tackling tasks
- ✓ Apply tools to make their households more productive and efficient

#### What Topics are Covered?

- ✓ Understanding personal efficiency
- ✓ Developing the right attitude
- ✓ Laying the foundation
- ✓ Building blocks of an organizational system
- ✓ Creating the right environment
- Setting up your virtual environment and information management center
- ✓ Managing information in six easy steps
- Prioritizing your tasks
- ✓ Saying no
- Creating routines
- ✓ Stopping procrastination now (not later!)
- ✓ Applying our lessons at home

### What's Included?

- ✓ Instruction by an expert facilitator
- ✓ Small, interactive classes

- ✓ Specialized manual and course materials
- ✓ certificate of completion

## **Pre-Registration Information**

Yes! I would like to attend **Getting Stuff Done: Personal Development Boot Camp!** Sign me up for the following session:

- ☐ 310 Oak Avenue, NBS Building 3<sup>rd</sup> floor Randburg.
- ☐ Accreditation : SETA : 12255

Bankseta: Bank-Corne180502

- All Training are from 9:00 a.m. until 3:30 p.m.
- Cost: Per person. Kindly contact the call centre
- Timeframe : 1-2 days



www.cornerstonehr.co.za

Address: 310 Oak Avenue, NBS Building 3<sup>rd</sup> Floor Randburg. Tel: 011 038 6367/ 011 038 6630 www.cornerstonehr.co.za Email: stephane@cornerstonehr.co.za

**Banking Details** 

Account Name : Cornerstone Supreme

Account Number : 62653109283

Bank : FNB Branch Code : 620